

Change can be healthy

This spring's PHH wellness fair offers the feature-packed format you have come to enjoy – with booths, free health screenings and more – but the hours are now **7 – 10 a.m.**

The fall format will change for a streamlined experience. The October 3 event will continue to offer lab services, HeartSmart CT Scan, 3D mammography, and help with OnDemand and MyChart. Health screenings and booths will not be available, but will return in spring 2021.

If you attend Healthy Steps mainly to talk with experts at the booths and get the health screenings, plan to...

Join us April 18 for:

- Free screenings and health services
- Reduced-cost lab tests (list at right)
Pricing applies only to April and October 2020 events.
- Important imaging tests
 - \$50 HeartSmart CT Scan
(appropriate for men over 40 and women over 45 with risk factors for heart disease)
 - 3D mammogram (NEW)
PHH now offers 3D mammography! Check with your insurance provider regarding coverage before scheduling.

Call 260-355-3400 to schedule either of these imaging tests during Healthy Steps only. For appointments at other times, call 266-7500.

- Talk with providers such as
Steven Wynder, MD, PPG – Orthopedics
Abby Mitchell, NP, PPG – OB/GYN
- Free information on many health topics

For your convenience

- FREE valet parking
- HOSPITALity Café serving breakfast
- Gift shop is open

Questions: Call 260-355-3213

Medical screening lab tests*

Lab Draw Fee, Per Person	\$5
Wellness Package A (🕒)	\$30
Comprehensive Metabolic Profile (CMP) plus Lipid	
Wellness Package B (🕒)	\$40
CMP plus Lipid, Hemogram	
Wellness Package C (🕒)	\$75
CMP plus Lipid, Hemogram, TSH, Glyco A1C	
Wellness Package D (🕒)	\$95
CMP plus Lipid, Hemogram, TSH, Glyco A1C, PSA (for men 50-plus)	

Single tests

Hemogram (Anemia screen)	\$10
TSH (Thyroid Stimulating Hormone)	\$25
Hemoglobin A1C (Glyco A1C, diabetes screen)	\$15
PSA (Prostate cancer screen)	\$25
Ultrasensitive (CRP, screen for early heart disease)	\$20
Vitamin D 25 Hydroxy (bone health screen)	\$40
Iron	\$10

(🕒) Please note: If the test you select has a clock symbol (🕒) after it, you must fast for at least 10 hours before the lab draw. Water and your medications are allowed during your fast.

* In order to remain compliant with Medicare rules and regulations, all Parkview entities conducting direct access/health fair screening for the public must charge no less than Medicare reimbursement prices. The special prices listed apply only to the April 18 and October 3 Healthy Steps events. Cash, check or credit card is accepted. Results will be mailed to you in two to three weeks, or will be available via Parkview MyChart if you have an account. For results by mail, bring an adhesive mailing address label. Lab tests are only available to individuals age 18 or older.

